

Many Farms Community School, Inc.
Local Wellness Policy

Date Created: ***October 07, 2026***
Last Updated: ***SY 2021***
School Board Approved: October 22, 2026

I. Wellness Policy Goals

Goals for Nutrition Promotion: *To provide nutritional meals through our National School Breakfast, Lunch program and after-school snacks.*

Goals for Nutrition Education: *Teach our students the importance of eating nutritionally.*

Goals for Physical Activity: *To provide 30 minutes or more of physical exercise 5 times a week, Monday to Friday. This is built into the academic and residential schedule for Kindergarten to 8th grade, and for students who participate in afterschool sports activities.*

Goals for Other School-Based Activities that Promote Student Wellness: *To provide daily support to all students for student social emotional well-being.*

II. Nutrition Standards

School Meals

The school meal programs aim to improve the diet and health of school children, help mitigate childhood obesity, model healthy eating to support the development of lifelong healthy eating patterns and support healthy choices while accommodating cultural food preferences and special dietary needs.

Many Farms Community School, Inc. will participate in the National School Breakfast and Lunch Program, Afterschool Snacks and Summer Feeding program and other programs provided under the Arizona Department of Education Nutritional Services.

All meals will, at a minimum, meet the New Meal Pattern requirements.

Free, potable water will be available to all students during meal periods. Water fountains are available in all of the buildings.

Competitive Foods and Beverages

Nutrition standards for competitive foods and beverages must, at a minimum, meet the USDA's Smart Snacks in Schools guidelines.

These guidelines apply to all foods sold in the following locations:

a. *No vending on school site*
b. *Outside food sources are prohibited during instructional hours 7:30 AM to 3:30 PM.*
c. *List any additional criteria the district has established for competitive foods here:*
    - *Fundraising competitive food will only be sold after 3:30 PM for sports or other events.*
    - *Energy Drinks or outside food will be confiscated.*

Celebrations and Rewards

Arizona Law (ARS 15-242) states that all food and beverages served to students in grades K-8 must meet the USDA's Smart Snacks in Schools guidelines.

Describe your standards for all foods and beverages provided, but not sold, to students during the school day:

- *All foods must meet whole grains, fruits and vegetables, leaner protein, lower-fat dairy – while limiting foods with too much sugar, fat and salt provided, but not sold, to students during the school day: 7:30 AM to 3:30 PM Monday to Friday.*
- *Classroom parties and celebrations are approved by the building principal.*

These guidelines apply to (check all that apply):

☒School-sponsored events
☒Celebrations and parties
☒Classroom snacks provided by parents
☒Classroom rewards and Incentives

Fundraising

Describe your policy on food and beverage related fundraisers sold to students on school campus during the school day, including the frequency and duration of exempt fundraisers as appropriate:

- *No food and beverages fundraisers are allowed until after 3:30 PM. Energy drinks are not allowed to be sold on school campuses.*
- *Any school fundraising will need to be approved by the Student Council prior to the event during a regular meeting.*
- ***Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with federal regulations for:*
  - *School meal nutrition standards, and the*
  - *Smart Snacks in School nutrition standards.*

***Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.*

Food and Beverage Marketing in Schools

Food and beverage marketing is defined as advertising and other promotions in schools. Food and beverage marketing often includes an oral, written, or graphic statement made for the purpose of promoting the sale of a food or beverage product made by the producer, manufacturer, seller or any other entity with a commercial interest in the product. All products marketed on the school campus must, at a minimum, meet the Smart Snacks guidelines.

Describe your policies for food and beverage marketing:

- *Smart Snacks Compliance: Only foods and beverages that meet the federal USDA Smart Snacks in School standards can be marketed or advertised on school campus during the school day.*
- *Prohibition of Non-Compliant Brands: If a specific product is banned from being sold to students at school under nutrition standards such as full-calorie sodas or high-fat candies, any marking, logos, or signage for that product or brand is also prohibited on campus.*
- *Form of Marketing Covered: Restrictions apply to all oral, written or graphic promotional statements, including brand logos on scoreboards, cups, coolers, exterior vending machines, and educational materials.*

III. School Wellness Committee

Committee Role and Membership

Many Farms Community School, Inc. will convene a representative wellness committee that meets to establish goals for and oversee school health and safety policies and programs, including development, implementation and periodic review and update of this wellness policy.

Describe frequency of meetings:

- *Many Farms Community School, Inc. will meet Annually to review the Local Wellness Policy.*

Description of who the LEA permits to participate in the wellness policy process. (e.g. parents, students, and representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators):

- *Many Farms Community School, Inc. wellness committees will include parents, students, food service staff, Physical Education Teacher, School Health Nurse, School Board, Administrators and School Principal.*

Description of how the public is notified that their participation is permitted:

- *Many Farms Community School, Inc. will post on the school website, social media, Emails, Flyers, Marquee Sign.*

Leadership

Many Farms Community School, Inc. has designated one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the local wellness policy.

The designated official for oversight of implementation at Many Farms Community School, Inc. is the Principal who will be the oversight of the implementation of the school wellness policy.

The designated official for convening the wellness committee is the Support Service Supervisor.

The person designated for informing the public about the wellness policy is:

- *Lead Food Service Staff*
- *Food Service Staff*

IV. Wellness Policy Implementation, Monitoring, Accountability and Community Engagement

Implementation of the Wellness Policy

Describe Many Farms Community School, Inc.'s plan for implementation to manage and coordinate the execution of this wellness policy.

- *Many Farms Community School, Inc. will manage and coordinate the local wellness policy throughout the school year.*
- *Review and revise the Wellness Policy on a yearly basis.*
  - *Disseminate the policy for review to the community, students, parents and staff*
- *Ensure the Principal will implement the wellness policy.*
- *Meet annually to review quarter activities, monitor implementation and document activities.*

Triennial Progress Assessments

At least once every three years, Many Farms Community School, Inc. must conduct an assessment of their wellness policy. To accomplish this, Many Farms Community School, Inc. will evaluate compliance with their wellness policy and assess progress toward meeting the goals of the Wellness policy. Additionally, USDA requires that Many Farms Community School, Inc. will compare their policy to the Alliance for a Healthier Generation's model wellness policy.

Many Farms Community School, Inc. will assess compliance and progress of their local wellness policy at least once every 3 years.

- *Provide a description of how Many Farms Community School, Inc. will assess the progress made in attaining the goals of the wellness policy:*
  - *Collect data; class schedule, PE schedule, Lunch Schedules, Meal Patterns, wellness surveys, Number of students served and etc.*

Revisions and Updating the Policy

Many Farms Community School, Inc. will update or modify the wellness policy as appropriate.

- *Many Farms Community School, Inc. will update and modify the wellness policy annually or if there are changes to ADE or NSLP requirements.*

Notification of Wellness Policy, Policy Updates and Triennial Assessment

Many Farms Community School Inc. will inform families and the public each year of any updates to the wellness policy and every three years their compliance with the written wellness policy.

Many Farms Community School Inc. will make the wellness policy available to the public through the school website.

The annual progress reports and updates can be found at the Food Service Department.

Many Farms Community School, Inc. will make the Triennial Assessment available at the Principal Office and Food Service Office.

Approved by:

Parent of MFCS, Inc.	10/22/2026 Date
Lead Cook of MFCS, Inc.	10/22/2026 Date
Support Service Supervisor of MFCS, Inc.	10/22/26 Date
Principal of MFCS, Inc.	10/22/2026 Date
DODE Representative of MFCS, Inc.	10/22/26 Date

Da'ak'eh Haláni Diné Bí'ólta'
MANY FARMS COMMUNITY SCHOOL
WARRIORS

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Washington, D.C. 20250-9410;

fax: (202) 690-7442; or

email: program.intake@usda.gov.

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